

## **Leadership for Progressive Change®**

Programme Directors: Ann Louise Gilligan & Katherine Zappone

The signature of all CPC Programmes is that they offer a unique integration of the following elements through the use of associated learning tools:

- Deep Thinking
- Raising the Spirit Level
- Exercising Imagination
- Fluency in Critical Consciousness
- Advocating and Communicating Change

Central to all programmes are opportunities for participants to apply these to the way they work in their organisations and in civic society.

**Start-up Date: October 14, 2010**

### **The Programme**

The Centre for Progressive Change is offering this 'Six + One' professional development programme (six afternoons + 1 day) for those interested in leading towards a new civic vision that holds social and economic concerns in harmony, imagines change through a social justice lens, and encourages rigorous ethical debate in public life.

### **Why Should Leaders Take this Programme?**

Because they will:

- grow their capacity for thought leadership;
- gain a renewed sense of empowerment to impact positive change;
- learn ways to resource themselves ; and
- network with and peer-support other leaders.

### **Who is it for?**

Leaders in Civic, Community and Public sector organisations. We also encourage emerging leaders to participate because we believe that diverse experiences and perspectives provide powerful learning opportunities.

### **Programme Content**

#### **Practicing Leadership and Building Community**

Session 1. Practicing Leadership

By the end of this session, participants will have learned theories of leadership in post-modern times, explored case studies of effective leaders, and have analysed their own leadership styles in light of these learnings. The final part of the session will introduce practices of mindfulness as a resource for sustaining leaders' capacity for awareness, self-knowing and happiness.

## Session 2. Leaders as Architects of Community

In this session participants will consider two questions:

- 1) What does it mean to 'create community' in Ireland and what is its role in building a vibrant democracy?
- 2) If a just society requires a strong sense of community, what leadership practices are effective in building community?

The session will conclude with introducing practices of mindfulness that support compassion and empathy.

## Imagining Change Through a Social Justice Lens

Session 3. How can we creatively imagine positive change through these recessionary times?

This session will couple developing the critical analytic skills to understand the current social, economic and political dynamics along with building the imaginative faculty to walk a new path. Podcasts from national experts will feature in sessions 3 & 4.

Session 4. What difference does a 'social justice lens' make to our work for change?

This session will explore understandings of 'social justice' by drawing on ancient and contemporary political philosophies, and insights from social movements for equality, human rights and ecology and place this collective wisdom in dialogue with our advocacy and communications for positive change.

## Bringing Ethics Back onto the Public Stage

Session 5. Choosing the right thing to do

This section of the course promotes ethics (philosophic, non-religious) as a powerful resource for leaders. Participants become familiar with methods of ethical analysis and how to apply these to matters of public policy. The case study of Mary Robinson's 'ethical globalisation initiative' will demonstrate a concrete model of best practice. The session concludes with mindful practices in freedom and happiness.

## Session 6. Bringing the Learning Back Home.

In this session, participants will hone the learning tools for application to a project they are currently engaged in within their workplace. Course Directors and participants will support each other to develop plans to progress change on their chosen project, and will establish an on-line support mechanism to peer mentor each other for a 4 month period.

## Projects Progressing Change

Concluding Day Session – in March 2011.

Participants will come back for a workshop to present results—so far—on their project to progress change. We will support each other to analyse successes and barriers, and to peer advise on next steps. A delicious lunch and quiet time will be integral to the closing of the circle.

## Leadership for Progressive Change®

### When, where, who & cost?

**DATES:** Thursday afternoons, 2:00pm – 5:00pm, on October 14, 21, 28 and November 4, 11, and 18. Concluding session will be held in March 2011 on a date suitable to participants.

**VENUE:** SOUTH DUBLIN PUBLIC LIBRARY, TALLAGHT – Seminar Room. This is easily reached by the LUAS (Red Line) Tallaght Square Stop – 40 minutes from city centre.

**PROGRAMME DIRECTORS:** Drs. Ann Louise Gilligan and Katherine Zappone <http://www.progressivechange.ie/about/team/>. Podcasts from national experts & guest speakers will also form part of programme.

**PROGRAMME COST:** €500 which includes programme materials for each participant, teas & coffees, and delicious lunch on concluding day.

**APPLICATION:** Please fill out attached application form and email to: [hello@progressivechange.ie](mailto:hello@progressivechange.ie). We will contact you shortly after receiving your application to confirm your enrollment.

The programme must be paid for in advance by cheque made payable to CPC, Ltd.